

Hornsby Squads Timetable - Term 4 2026

12th October to 18th December 2026



Mornings

Squad	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Red Team						7:00 to 8:00am
Bronze Team	5:30am to 7:00am		5:30am to 7:00am	5:30am to 7:00am		7:00 to 8:30am
Silver Team	5:30am to 7:00am	5:30am to 7:00am	5:30am to 7:00am	5:30am to 7:00am		7:00 to 9:00am
Gold Team	5:30am to 7:00am	5:30am to 7:00am	5:30am to 7:00am	5:30am to 7:00am	5:30am to 7:00am	7:00 to 9:00am
Platinum Team	5:30am to 7:00am	5:30am to 7:00am	5:30am to 7:00am	5:30am to 7:00am	5:30am to 7:00am	7:00 to 8:30am
Fit & Fast Team						7:00 to 8:00am

Afternoons

Squad	Monday	Tuesday	Wednesday	Thursday	Friday
Red Team	3:30pm to 4:30pm	3:30pm to 4:30pm	3:30pm to 4:30pm		3:30pm to 4:30pm
Bronze Team		4:30pm to 5:45pm	4:30pm to 5:45pm		4:30pm to 5:45pm
Silver Team	Hybrid Gym	4:00pm to 6:00pm	4:00pm to 6:00pm		3:30pm to 5:00pm
Gold Team	Hybrid Gym	4:00pm to 6:00pm	4:00pm to 6:00pm		3:30pm to 5:00pm
Platinum Team	5:45pm to 7:00pm			5:45pm to 7:00pm	5:45pm to 7:00pm
Fit & Fast Team	5:00 to 6:00pm			5:00 to 6:00pm	4:30 to 5:30pm

PLEASE NOTE:

All Squads will be CLOSED on all Public Holidays

Hybrid Gym is a separate booking to Barker Aquatic and is ON during Holiday periods

Bookings for swimmers must be through the UDIO portal: <https://barkercollege.accounts.ud.io>